



Best of South Korea with G Adventures

Day 7: Seoul

A Sobering Farewell to South Korea.

On our final day of the tour, the experience took on a more reflective and somber tone as we visited two deeply significant sites—the Demilitarized Zone (DMZ) and the War Memorial Hall of Korea. Both offered powerful insight into the history of the Korean Peninsula and the lasting impact of the Korean War on its people.

A Visit to the DMZ

Standing at the DMZ, the heavily fortified border between North and South Korea, was an unforgettable and humbling experience. It's one thing to read about history, but quite another to stand just 170 meters away from one of the most politically tense borders in the world.

During our visit, we explored the **3rd Infiltration Tunnel**, one of four known tunnels secretly dug by North Korea as part of attempted invasions into the South. Discovered before it could be used, the tunnel serves as a stark reminder of the ongoing tensions that still exist today. Two of these tunnels are open to visitors, offering a rare and sobering glimpse into this chapter of history. Photography is restricted in certain areas of the DMZ, which only adds to the sense of seriousness and respect expected at the site. I was able to capture a few images where permitted, but much of the experience is best held in memory.

Reflecting at the War Memorial of Korea

After the DMZ, we continued to the **War Memorial Hall of Korea**, where we deepened our understanding of the Korean War and its profound impact. The exhibits brought history to life, sharing stories not just of conflict, but of resilience, loss, and the enduring spirit of the Korean people. It was a meaningful way to connect everything we had seen and learned throughout the tour.

A Warm Farewell

To close out our journey, we gathered one last time for a farewell dinner at a local Korean BBQ restaurant. Sharing a meal together felt like the perfect ending—celebrating new friendships, shared experiences, and unforgettable memories.

With most of the group heading home tomorrow, there was a mix of gratitude and bittersweet goodbyes in the air.

One Last Day to Enjoy

As for me, I have a late flight tomorrow night, so I plan to savor a bit more of what South Korea has to offer. A relaxing spa day is at the top of my list—something this country is especially known for. From luxurious treatments to the world-famous K-beauty experience, it feels like the perfect way to unwind before the journey home.

Thank You for Following Along

Thank you for joining me on this incredible journey over the past week. I hope you enjoyed following along with my daily highlights as much as I enjoyed experiencing them.

Until the next adventure ✈️

Recap:

I've just returned from an amazing week exploring the Best of South Korea with G Adventures. From Seoul to Busan and back again. This rail tour is a great introduction to South Korea that will make you want to return. From culture, food, k-beauty and shopping. There is something for everyone.

This small group tour is the perfect way to experience South Korea for the first time with an excellent CEO (guide) to assist with all the logistics so you can just sit back and enjoy. I would recommend that you have a moderate level of fitness for this trip as it does involve some days that involve stairs and long walks.

G Adventures is a global travel company for small-group, adventure style tours that focus on authentic, local experiences and responsible tourism. Here is what makes G Adventures different:

- Small groups (typically 10-15 people),
- Locally led tours with knowledgeable guides (called Chief Experience Officers)
- A balance of structure and freedom (planned itinerary and free time built in)
- Wide range of travel styles from backpacker budget to more premium and active adventures

If you would like more informant about this tour or any other destination with G Adventure, please reach out and I would be delighted to tell you all about my experience and assist you with finding your next trip.





